

AAPS Middle School Suggested Learning Time Schedule

AAPS is committed to providing rich opportunities for all of our students to learn and grow even during the COVID-19 pandemic. We value and respect your family's practices and look forward to engaging in new ways.



As we adapt to teaching and learning online, we hope the information here will make the transition more clear about what to expect between now and June 12 including:

- Daily learning time
- Suggestions for additional learning opportunities
- Responsibilities: teacher, student, parent/ caregiver/ family

We are looking forward to continuing to build a strong relationship with you.

Daily Learning Time - 6th-8th Grade

Daily Learning Time:

2-3 hours per day, chunked into smaller time increments (30 - 60 minutes).

Lesson Schedule:

3-4 lessons each day posted as activities throughout the week starting at 8:00 am on Monday, according to a block schedule.

- On Monday and Wednesday, students will receive lessons for half of their classes - typically 1st, 3rd, 5th and 7th hours (if applicable)
- On Tuesday and Thursday, students will receive lessons for the other half of their classes - typically 2nd, 4th, 6th and 8th/advisory (if applicable)
- On Friday, students should complete a check for understanding questions for each of their courses. These will be posted by teachers every Friday.

Other:

- View morning messages from teachers
- Complete additional/optional learning activities as able/needed
- Contact teacher office hours and ask questions via email any time
- Make time for independent reading
- Access Dreambox for 20 - 30 minutes daily
- Keep a journal

Suggestions for Additional Learning Opportunities - 6th-8th Grade

Mind	Body	Spirit	Environment	Family/Friends
<ul style="list-style-type: none"> • Reading • Puzzles, Word Searches • Write/Draw a Story or start a journal • Find a restful place and listen to a free book from audible.com • Go on a nature walk using this checklist • Learn a new language on DuoLingo or Rosetta Stone 	<ul style="list-style-type: none"> • Take a walk • Dance • Learn dance moves from a video like this • Exercise outside • Online workouts like this • Fine/Gross Motor Activities • Stretch or Do Yoga • Play a Sport • Tik Tok • Jump rope • Yardwork 	<ul style="list-style-type: none"> • Listen to music or sing • Creative arts • Coloring or drawing • Imaginative play • 10 minute guided meditation - try this video • 5 minute body scan meditation - try this video • Try the Superhero Post - read about it here 	<ul style="list-style-type: none"> • Clean your room • Do age-appropriate chores • Garden or help outside • Fix something broken • Take care of pets • Cook or bake • Learn about ways to Go Green 	<ul style="list-style-type: none"> • Write a letter • Play a board game • Learn to play this game • Build a shelter and tell stories or read inside • Offer to help someone • Gratitude notes, texts, emails • Prepare and eat a meal together • Read a book to a younger sibling

Responsibilities

Teacher Responsibilities	<ul style="list-style-type: none"> • Provide forward instruction in curricula according to established schedules, allowing students to complete assignments at any time throughout the week. • Provide feedback and support throughout the week. • Work together with families and professional school staff to meet the needs of all students with differentiated learning opportunities. • Monitor student participation, assess needs and progress. • Communicate a daily message of care to students. • Respond to emails daily.
Student Responsibilities	<ul style="list-style-type: none"> • Communicate with your teacher(s) about your needs and learning. • To the best of your ability, stay connected to your teachers in their online platforms. We know some things are out of your control. • To the best of your ability, complete assigned activities each week. • Ask questions when you need help or don't understand. • Communicate your needs, both emotionally and academically. We are here to help you.
Parent/Caregiver/Family Responsibilities	<ul style="list-style-type: none"> • Encourage your student to establish and follow daily routines when possible, including breaks between school work. • Help your student think about where they can work on their assigned activities. • Talk to your student about what they are learning and how they are feeling. • Communicate with your student's teacher(s) and professional support staff and keep them updated about your student's

	<p>needs.</p> <ul style="list-style-type: none">• Communicate your needs with us. We are here to help you, too!
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